

John Muir Health—Neuropsychology Services 3480 Buskirk Avenue, Suite 150 Pleasant Hill, CA 94523 (925) 941-4296

#### \*\*\*\*CONFIDENTIAL\*\*\*\* Please bring with you to your evaluation.

### Patient History & Intake Evaluation

In preparation for your neuropsychological evaluation, please complete this medical history. Although we prefer that you complete the packet yourself, you may ask a family member or friend to assist if needed. Answer questions to the best of your ability. If you have difficulty with any of the questions, leave them blank. We will review this packet at your evaluation.

| Patient Name: _           |             |               |                 |                 | Dat              | e:            |
|---------------------------|-------------|---------------|-----------------|-----------------|------------------|---------------|
| Age:                      | _ Birth D   | ate:          | R               | eferred by:     |                  |               |
| Sex: 🗖 Male               | Female      | Race/ Ethni   | city:           | Height: _       | We               | ight:         |
| Glasses:                  |             | Hearing aids  |                 | Walking         | aids:            |               |
| Marital Status:           | Single      | ☐ Married     | Separated       | Divorced        | □ Widowed        | Common Law    |
| Living with:              |             |               |                 |                 |                  |               |
| Handedness (ci            | rcle one):  | Right Hande   | d Left Har      | nded M          | ixed handed      | Ambidextrous  |
| Have you ever b<br>Yes No | been to our | office before | or had a neurop | osychological e | evaluation perfo | ormed before? |

If you had a neuropsychological evaluation done elsewhere, please give the name of the examiner, their address, and phone number. If you have a copy or can get a copy of that report, please bring it to your appointment.

### MEDICAL HISTORY:

Briefly describe what problems (symptoms) with attention, concentration, memory, decision-making, organizing, etc. that you have been having, and approximately when each of the problems first began.

**Problem** (Example: forgetting friend's names) When it began (Example: 1 year ago)

Have these symptoms worsened, gotten better, or stayed the same since they first began? Explain if necessary:\_\_\_\_\_

Current Treatments (e.g. occupational, speech, or physical therapy, etc.):

# CURRENT ACTIVITIES OF DAILY LIVING AND SOCIAL HABITS:

| What did / do you do to keep yourself busy (i.e. hobbies)?         Are there things you used to do that you are not doing now? |                             |                                       |      |  |  |  |  |
|--|-----------------------------|---------------------------------------|------|--|--|--|--|
|  |                             |                                       |      |  |  |  |  |
| Has there been an overall decreas  | e in activities/initiative? |                                       |      |  |  |  |  |
| Have you stopped working becaus  | e of your problems?         | □ Yes                                 | 🗖 No |  |  |  |  |
| Have you stopped driving?  |                             | □ Yes                                 | 🗆 No |  |  |  |  |
| Any tickets or accidents this past y   | ear?                        | 🗖 Yes                                 | 🗆 No |  |  |  |  |
| Do you get lost easily when driving  | ?                           | 🗖 Yes                                 | 🗆 No |  |  |  |  |
| Who manages the finances?  |                             |                                       |      |  |  |  |  |
| Problems with balancing checkboo   | k or paying bills?          |                                       |      |  |  |  |  |
| Difficulties with medication? Who n  | nanages?                    |                                       |      |  |  |  |  |
| Difficulties with housekeeping / coo   | oking?                      |                                       |      |  |  |  |  |
| ADL's (dressing/shaving/make-up/   | shower-bathing, etc.)       |                                       |      |  |  |  |  |
|  |                             |                                       |      |  |  |  |  |
| CURRENT LIVING, LEGAL, AND SO  | OCIAL SITUATIONS:           |                                       |      |  |  |  |  |
| People you live with:  |                             | · · · · · · · · · · · · · · · · · · · |      |  |  |  |  |
| Marriage:  |                             |                                       |      |  |  |  |  |
| Children:  |                             |                                       |      |  |  |  |  |

| Who are the people you rely upon the most?    |
|---|
| Do you feel supported by friends and family?  |
| Do you have a guardian or conservator?        |
| Are you now involved in a lawsuit? 🖂 Yes 🖂 No |

# PRIOR DEVELOPMENT, SOCIAL, AND FAMILY HISTORY:

| Family of Origin:                                      |   |
|--|---|
| Where were you born? W                                 | /ho raised you?                                   |
| Number of siblings?                                    |   |
| At what age did you leave home?                        | -   |
| Educational History:                                   |   |
| What was the highest grade (or degree) you complete    | :d?   |
| Where did you go to school?                            |   |
| What kind of grades did you earn in high school/colleg | ge (A's, B's, etc.)?                              |
| What were your <u>best</u> and <u>worst</u> classes?   |   |
| Were you ever held back in school or receive any type  | e of special education services?                  |
| If yes, was this for:                                  | ADD/ADHD 🗖 Other                                  |
| WORK AND MILITARY HISTORY:                             |   |
| What is / was your occupation?                         |   |
| Current work status:   Employed  Unemployed            | d   |
| Did you ever serve in the military? □Yes □             | No From:  |
| If yes, what branch? H                                 | onorable discharge?                               |
| Tell me where you were working and for how long at t   | he time of the illness/accident:                  |
| Kind of work:  |   |
| Are you doing volunteer work, odd jobs, part-time wor  | k:  |
| Any problems at work prior to your injury or illness?  |   |
|  |   |
| What jobs did you have before this? Tell me what you   | u did, how long you had the job and why you left. |
| Place Duties   | Years/Months                                      |
|  |   |

Why did you leave these jobs?

\_\_\_\_

## CONCERNS RELATED TO MOOD:

| Has your personality changed at all in the past year?      |  |  |  |  |  |
|--|--|--|--|--|--|
| Have you experienced depression/anxiety/other?             |  |  |  |  |  |
| Recent stressors:  |  |  |  |  |  |
| How is your sleep?   |  |  |  |  |  |
| About how many hours of sleep do you usually get in a day? |  |  |  |  |  |
| Do you nap? □ Yes □ No For how long:                       |  |  |  |  |  |
| How is your appetite?                                      |  |  |  |  |  |
| Any weight loss or weight gain?                            |  |  |  |  |  |

What previous experience, if any, have you had with psychiatric, psychological, or neurological evaluation and/or treatment? Please complete information below.

| Date | Name of doctor<br>or institution | Location | Nature of problem |  |
|------|----------------------------------|----------|-------------------|--|
|      |                                  |          |                   |  |
|      |                                  |          |                   |  |
|      |                                  |          |                   |  |
|      |                                  |          |                   |  |
|      |                                  |          |                   |  |

# ALCOHOL AND SUBSTANCE ABUSE HISTORY/HABITS:

| Have or do you smoke cigarettes: 🗖 Yes 📄 No 📄 Never   |  |      |  |  |  |  |
|---|--|------|--|--|--|--|
| Do you chew tobacco: 🗖 Yes 🛛 No 🗖 Never   |  |      |  |  |  |  |
| If yes, how many per day  | If no, when did you  | quit |  |  |  |  |
| Cups of coffee per day?   | How much soda per  | day? |  |  |  |  |
| Alcoholic beverages per day?  |  |      |  |  |  |  |
| When is the last time you drank to the point of intoxica  | ation?   |      |  |  |  |  |
| Was there a period in your life when you drank too mu   | Was there a period in your life when you drank too much alcohol? |      |  |  |  |  |
| Did you ever try to cut down or stop drinking alcohol?  | Did you ever try to cut down or stop drinking alcohol?           |      |  |  |  |  |
| Ever had legal problems because of your drinking?   |  |      |  |  |  |  |
| Did drinking ever get you into trouble with work/family? □ Yes □ No                                       |  |      |  |  |  |  |
| Have you ever used other drugs in order to feel good,   |  |      |  |  |  |  |
| ose weight or sleep better?   |  |      |  |  |  |  |
| Do you or have you used social drugs, like cocaine, marijuana, heroin, morphine, others? Please describe: |  |      |  |  |  |  |

To your knowledge, have you ever had:

| Experience or Condition  | Ever pr | esent? | When did this begin?<br>(Age or date) | When did this stop?<br>(Age or date) |
|--|---------|--------|---------------------------------------|--------------------------------------|
| Attention deficits or hyperactivity  | Yes     | No     |                                       |                                      |
| Balance problems (stumbling, falling)  | Yes     | No     |                                       |                                      |
| Being in Britain, Ireland, Wales,<br>Scotland for 3 or more months, or<br>Europe for 6 or more months, since<br>1980 | Yes     | No     |                                       |                                      |
| Boxing   | Yes     | No     |                                       |                                      |
| Cancer (type?)   | Yes     | No     |                                       |                                      |
| Changes in or loss of sense of smell   | Yes     | No     |                                       |                                      |
| Chemotherapy (for what condition?  | Yes     | No     |                                       |                                      |
| Chronic lung disease, emphysema, COPD, etc.  | Yes     | No     |                                       |                                      |
| Depression, anxiety, mood disorders  | Yes     | No     |                                       |                                      |
| Diabetes   | Yes     | No     |                                       |                                      |
| Disability claim, award, lawsuit, etc.   | Yes     | No     |                                       |                                      |
| Condition(s)   |         |        |                                       |                                      |
| Eating elk or venison since 1995   | Yes     | No     |                                       |                                      |
| Encephalitis, meningitis, other brain affecting illnesses  | Yes     | No     |                                       |                                      |
| Exposure to heavy metals (arsenic, lead, selenium, mercury, etc.)  | Yes     | No     |                                       |                                      |
| Extended exposure to solvents, paints, gasoline, oils, or pesticides   | Yes     | No     |                                       |                                      |
| Fainting or blacking out   | Yes     | No     |                                       |                                      |
| Family (blood relatives) with memory problems or dementia  | Yes     | No     |                                       |                                      |
| Family (blood relatives) with Parkinson disease, Huntington disease  | Yes     | No     |                                       |                                      |

|   |     |    |   | <u>.</u> |
|---|-----|----|---|----------|
| Family (blood relatives) with strokes,<br>"hardening of the arteries,"<br>cerebrovascular disease | Yes | No |   |          |
| General anesthesia  | Yes | No |   |          |
| Heading soccer balls  | Yes | No |   |          |
| High blood pressure, hypertension   | Yes | No |   |          |
| Lightening strike, high voltage electric shock  | Yes | No |   |          |
| Low oxygen situation – smoke or fume inhalation, near drowning, etc.                              | Yes | No |   |          |
| Migraine headaches  | Yes | No |   |          |
| Muscle weakness (what parts affected?)  | Yes | No |   |          |
| Radiation therapy (for what condition?  | Yes | No |   |          |
| "Seeing stars," being dazed or<br>knocked out or unconscious, head<br>injury, concussion, or coma | Yes | No |   |          |
| Seizures, epilepsy, convulsions   | Yes | No |   |          |
| Shaking, tremor   | Yes | No |   |          |
| Sleep apnea (or long pauses in breathing while asleep)  | Yes | No |   |          |
| Sleep problems (too much or too little or not refreshing)   | Yes | No |   |          |
| Snoring   | Yes | No |   |          |
| Surgery—what types?   | Yes | No |   |          |
| Steroid use (prescribed or unprescribed), e.g., prednisone  | Yes | No |   |          |
| Stroke, transient ischemic attack (TIA),<br>"light or mini-stroke"                                | Yes | No |   |          |
| Tick bites or Lyme disease  | Yes | No |   |          |
|   |     |    | • | •        |

| Urine or bowelproblems -<br>losing control or soiling                      | Yes | No |  |
|--|-----|----|--|
| High altitude mountain climbing  | Yes | No |  |
| Vision problems – double vision,<br>misjudging depth, blind spots<br>other | Yes | No |  |
| List other conditions that may pertain:                                    |     |    |  |
|  |     |    |  |

If another person assisted in filling out this form, please enter information below:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

## **Medication List**

**CURRENT MEDICATIONS:** Include prescriptions, over the counter, Herbals, Patches, Inhalers, Eye Drops, etc.)

| Drug Name | Dose<br>(amount) | How taken?<br>(oral, injection,<br>inhaled, etc) | Number of times per day | Side effects<br>(if any) |
|-----------|------------------|--|-------------------------|--------------------------|
|           |                  | inhaled, etc)                                    |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |
|           |                  |  |                         |                          |

List below any non-John Muir Health doctors who currently treat you.

| Name | Phone number | Type of Doctor (neurologist,<br>internist, psychiatrist, etc.) |
|------|--------------|--|
|      |              |  |
|      |              |  |
|      |              |  |
|      |              |  |
|      |              |  |

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### **Functional Activities Questionnaire**

The following questionnaire is to be completed by a family member or someone else who knows the patient's current capabilities.

Patient's name \_\_\_\_\_

Date\_\_\_\_\_

Rater's name \_\_\_\_\_\_ Relationship to patient \_\_\_\_\_

The following items ask you to evaluate the patient's ability to do a variety of very practical skills. Use

the following ratings scale to indicate how well the patient can do each of the tasks.

|   | Normal<br>function; <b>or</b><br>never did but<br>could do it now | Has difficulty<br>but does by<br><b>self</b> ;<br><b>or</b><br>never did but<br>would be<br>difficult to do<br>alone | Requires<br>assistance;<br>or<br>never did, but<br>would require<br>assistance if<br>attempted now | Totally<br>dependent<br>upon others to<br>complete tasks |
|---|---|--|--|--|
|   | 0   | 1  | 2  | 3  |
| <ol> <li>Writing checks, paying bills,<br/>balancing a checkbook.</li> </ol>                                |   |  |  |  |
| <ol> <li>Assembling tax records,<br/>business affairs, or papers.</li> </ol>                                |   |  |  |  |
| <ol> <li>Shopping alone for clothes,<br/>household necessities, or<br/>groceries.</li> </ol>                |   |  |  |  |
| <ol> <li>Playing a game of skill,<br/>working on a hobby.</li> </ol>  |   |  |  |  |
| 5. Heating water, making a cup of coffee, turning OFF the stove.  |   |  |  |  |
| 6. Preparing a balanced meal.   |   |  |  |  |
| <ol> <li>Keeping track of current<br/>events.</li> </ol>  |   |  |  |  |
| <ol> <li>Paying attention to,<br/>understanding, or discussing a<br/>TV show, book, or magazine.</li> </ol> |   |  |  |  |
| <ol> <li>Remembering appointments,<br/>family occasions, holidays,<br/>medications, etc.</li> </ol>         |   |  |  |  |
| 10. Traveling out of the neighborhood, driving, arranging to take buses.                                    |   |  |  |  |